



FIS OPA CONTINENTAL CUP 2010/2011

ALTA BADIA – ITALY 11./12. DECEMBER 2010

A friendly welcome to the
FIS OPA Cross Country Continental Cup in Alta Badia

Dear Ladies and Gentlemen,
Dear Sport friends

The organisation committee Alta Badia Nordicski is pleased to invite for the 3rd time to the Cross Country Continental Cup in Alta Badia.

According to the FIS OPA's calendar following races will take place at the Cross Country Centre Sarè/Armentarola - San Cassiano:

- **Saturday, 11th December 2010**
FIS OPA Continental Cup Ladies and Men,
classic technique/individual start, 5, 10 and 15 km
- **Sunday, 12th December 2010**
FIS OPA Continental Cup Ladies and Men,
free technique/mass start, 10 km and 15 km

We are pleased to greet the Europe's best young cross-country athletes, the technicians, the functionaries of the federations, the referees and our friends of the media. We wish all successful competitions and a good stay in the heart of the Dolomites.

With best regards
Ski Club Ladinia
Alta Badia Nordicski

Carlo Mellauner OC-President

Raimund Soraru President Ski Club Ladinia

La Villa, September 2010

ALTABADIA NORDICSKI | Str.Ninz, 74 I-39030 LA VILLA | ALTABADIANORDICSKI@GMAIL.COM





PROGRAM Changes possible!

Thursday, 09th December 2010

09:00–15:00 h Training and inspection of the race courses

Cross Country Centre
Sarè/Armentarola

Friday, 10th December 2010

09:00–15:00 h Official training and inspection of the race courses

Cross Country Centre
Sarè/Armentarola

17:30 h Team captains meeting and draw

Race office „Kulturhaus“ in La Villa

Saturday, 11th December 2010

09:30 h JUN COC
Ladies 5 km, classic technique/individual start

Cross Country Centre
Sarè/Armentarola
CONTURINES 1 x 5,00 km

OPA COC
Ladies 10 km, classic technique/individual start

Cross Country Centre
Sarè/Armentarola
CONTURINES 2 x 5,00 km

JUN COC
Men 10 km, classic technique/individual start

Cross Country Centre
Sarè/Armentarola
CONTURINES 2 x 5,00 km

FIS OPA COC
Men 15 km, classic technique/individual start

Cross Country Centre
Sarè/Armentarola
CONTURINES 3 x 5,00 km

13:00 h Award Ceremony, Ladies and Men

Cross Country Centre
Sarè/Armentarola

18:00 h Team captains meeting and draw

Race office „Kulturhaus“ in La Villa

Sunday, 12th December 2010

09:30 h OPA + JUN COC
Ladies 10 km, free technique/mass start

Cross Country Centre
Sarè/Armentarola
SETSASS 3 x 3,33 km

OPA + JUN COC
Men 15 km, free technique/mass start

Cross Country Centre
Sarè/Armentarola
STÖRES 4 x 3,75 km

12:30 h Award Ceremony, Ladies and Men

Cross Country Centre
Sarè/Armentarola

Further Infos: www.altabadia.org/nordicski





ENTRY AND INFORMATION

Enrolment

Start permission is given to all athletes, according to the regulations for the FIS OPA Cross country Continental Cup season 2010/2011

The entry only can take place with the official FIS entry form, including information about the athletes name, first name, sex, year of birth, and FIS code.

Deadline for entry Wednesday, 1st December 2010, 18:00 h

Address of enrolment Ski Club Ladinia
ALTA BADIA NORDICSKI
Str.Ninz, 74
I 39030 LA VILLA
altabadianordicski@gmail.com
Fax +39 0471 847433

Race office c/o SKI WORLD CUP CENTER
Kulturhaus
Str.Colz, 56
I 39030 LA VILLA
altabadianordicski@gmail.com
Tel. +39 340 8738833
Fax +39 0471 847433

Opening hours race office :
Friday, 10th December and
Saturday, 11th December 2010
09:00 – 18:00 h
Sunday, 12th December 2010
09:00 – 14:00 h

Accommodation

The prices are given per person and night in double rooms including full board.

3* or 4* Hotel : 55 to 60 €

The accommodation costs (also such as telephone calls, drinks, garage, etc.) have to be paid directly at the hotel.

The OC assumes accommodation costs according to the regulations for the FIS OPA Cross country Continental Cup season 2010/2011.

Please send your **requests for hotel bookings** including arrival- and departure dates by e-mail altabadianordicski@gmail.com **until Wednesday, 1st December 2010** to the OC!





Getting to Alta Badia

Due to the vicinity to some of the main European routes Alta Badia is easy to reach by car.
If you are planning to drive to Alta Badia, these are the more convenient routes:

Arriving from North

* Brennero motorway A22 - exit Bressanone/Varna, road SS49 (Val Pusteria road) until San Lorenzo then Val Badia road SS244 until La Villa - Alta Badia

Arriving from South

* Motorway A27 to Ponte nelle Alpi, road SS203 (Agordino road) to Arabba, Passo Campolongo, La Villa - Alta Badia.

* Motorway A27 to Belluno, road SS51 to Cortina d'Ampezzo, Passo Falzarego, La Villa - Alta Badia
* Brennero motorway A22 exit - Chiusa, road SS242 (Val Gardena road), Passo Gardena, La Villa - Alta Badia

http://www.altabadia.org/en-US/alta_badia_by_car.html

