### COC Rogla 2014

Team Captains Meeting
7.3.2014
Sprint C

### **WELCOME**

### Agenda

- Welcome
- Roll call
- Jury introduction
- Overall competition program
- Timetable Sprint C
- Weather forecast
- Draw → start list
- Venue overview
- Ski stadium
- Competition courses
- Course preparation
- Training, ski testing and warming up
- Info TD FIS
- Info OC



### Roll call



### Jury introduction



# TD FIS Georg Zipfel (GER)



TD Assistant Robert Kerštajn (SLO)



Chief of competition Uroš Ponikvar (SLO)

# Overall Competition Program



SAT 8.3

- 09:00 Sprint C Qualification
- 11:00 Sprint C Finals  $(\frac{1}{4} \rightarrow \frac{1}{2} \rightarrow A)$
- 14:00 Official training
- 17:00 Team Captains Meeting

SUN 9.3

- 09:00 Mass start Free
- 12:30 Prize giving ceremony

# Timetable Saturday, March 8<sup>th</sup>



I			
Saturday, 8 March 2014	9:00		Sprint qualification
	10:30		Second TCM
	11:00		Quarter Finals
	12:20		Semi finals
	12:52		A Finals
	14:00	17:00	Official training
	17:00		Team captains meeting

### **Timetable Heats**

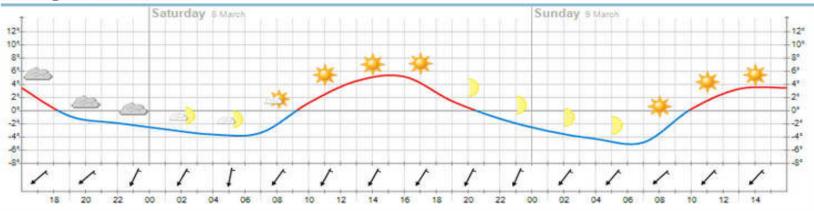
	The second secon			1					
JUN W	11:00:00	QF1	JUN W	12:20:00	SF1	JUN W	12:55:00	A Final	
JUN W	11:04:00	QF2	JUN W	12:24:00	SF2				
JUN W	11:08:00	QF3							
JUN W	11:12:00	QF4							
JUN W	11:16:00	QF5							
OPAW	11:20:00	QF1	OPAW	12:28:00	SF1	OPAW	13:00:00	A Final	
OPAW	11:24:00	QF2	OPAW	12:32:00	SF2				
OPAW	11:28:00	QF3							
OPAW	11:32:00	QF4							
OPAW	11:36:00	QF5							
JUN M	11:40:00	QF1	JUN M	12:36:00	SF1	JUN M	13:05:00	A Final	
JUN M	11:44:00	QF2	JUN M	12:40:00	SF2				
JUN M	11:48:00	QF3							
JUN M	11:52:00	QF4							
JUN M	11:56:00	QF5							
OPAM	12:00:00	QF1	OPA M	12:44:00	SF1	OPA M	13:10:00	A Final	
OPAM	12:04:00	QF2	OPA M	12:48:00	SF2				
OPAM	12:08:00	QF3							
OPAM	12:12:00	QF4							
OPAM	12:16:00	QF5							

Category	Quater final	Semi final	Final B	final A
Junior Ladies U20		12:00	12:32	12:37
		12:04		12.0.
Ladies	11:00	ALTER	NATI	VEIII
	11:04 11:08	12:08		12:42
	11:12 11:16	12:12		12.72
Junior Men U20	11:20 11:24 11:28	12:16		12:47
	11:32 11:36	12:20		12.47
Men	11:40			
	11:44	12:24		40-50
	11:48 11:52 11:56	12:28		12:52

### Weather forecast



#### Meteogram, next 48 hours



The blue bars show max and min values for precipitation per hour.

#### Today and tonight, 07 March 2014

Time	Forecast	Temp.	Precip.	Wind
Friday 16:00	<u></u>	3°	0 mm	Light breeze, 3 m/s from northeast
Friday 19:00	<u>a</u>	-1°	0 mm	Light breeze, 2 m/s from northeast
Friday 22:00	@	-2°	0 mm	Light sir, 2 m/s from
Saturday 01:00		-3°	0 mm	Light air, 2 m/s from north-northeast
Saturday 04:00	23	-4°	0 mm	Light air, 2 m/s from

#### Tomorrow, 08 March 2014

Time	Forecast	Temp.	Precip.	Wind
Saturday 07:00	*	-3°	0 mm	Light air, 2 m/s from north-northeast
Saturday 10:00	*	1°	0 mm	Gentle breeze, 4 m/s from north-northeast
Saturday 13:00	*	4°	0 mm	Light breeze, 4 m/s from north-northeast
Saturday 16:00	*	5°	0 mm	Light breeze, 3 m/s from north-northeast
Saturday 19:00	)	1°	0 mm	Light breeze, 3 m/s from north-northeast
Saturday 22:00		-1°	0 mm	Light breeze, 3 m/s from north-northeast

### Draw – Start list





Start interval: 15 s

Red group (draw)

- → Sprint pts
- → Distance pts
- →No pts

2 min break between categories

Women U20 26

Women 29

Men U20 34

Men 49

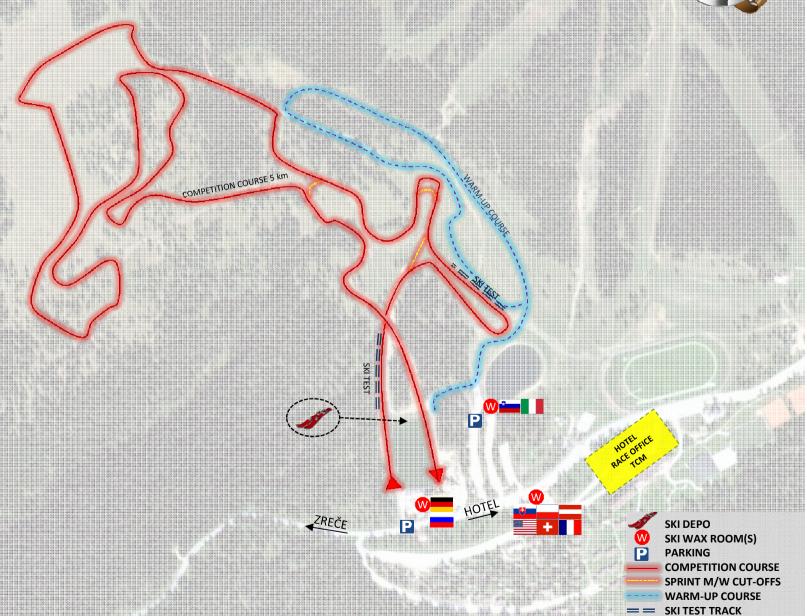
### Start bibs



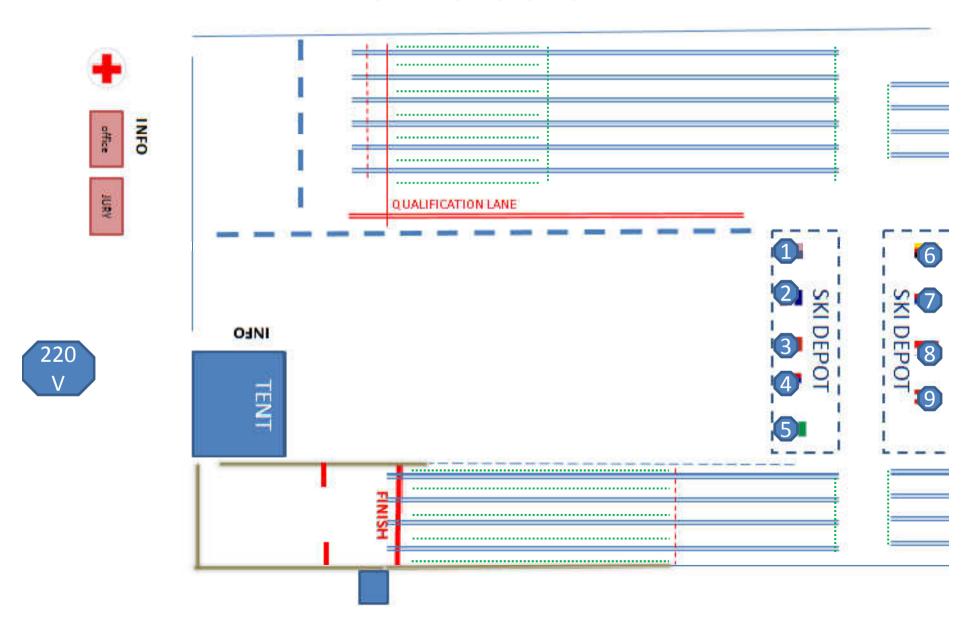
- Qualification
  - No leg bibs
  - Ready at Sub Race Office in stadium from 8:00
- Finals
  - -1-30 all categories
  - Leg bibs 1 30
  - Delivered at second TCM (TENT @ 10:30)

# WENUEORIENIATION



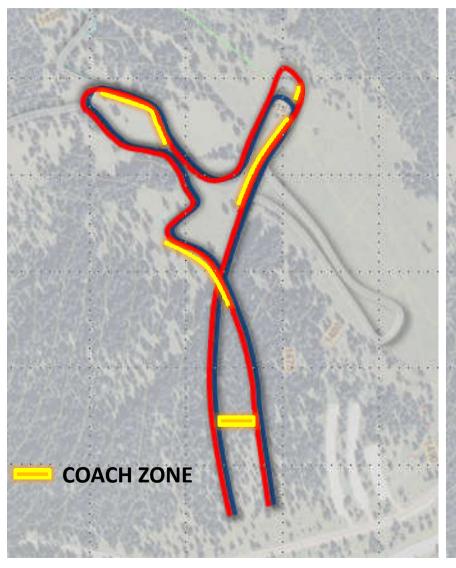


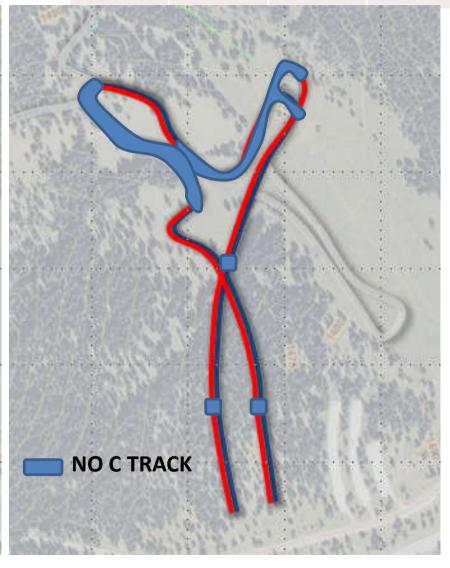
### Ski stadium



# **Competition Courses**

Course	HD	MC	тс
1480 m	23	16	49
1380 m	18	12	44





### Course preparation



- Grooming tonight @ 6:PM
  - Sprint (6 + 1 C track  $\rightarrow$  4 tracks)
  - 5 km (1 C track)
  - Ski test
  - Warm up track
- After the race: Re-groom sprint part
- Forerunners (6)
  - 10 min before Qualification: Finish lanes
  - 05 min before Qualification: whole course
  - 10 min before ¼ Finals: Start lanes
  - 05 min before ¼ Finals: whole course

### Training and warming up

• 7:00 Course Open

• 8:55 Course Closed

Cca 10:00 Course Open

10:55 Course Closed

Cca 14:00 Official training (re-grooming

sprint part)

 When course CLOSED: warming up and ski testing CANNOT be done on competition course

# Info TD

310.2	Technique Definitions
310.2.1	Classical Technique
310.2.1.1	Classical technique includes the diagonal techniques, the double poling techniques, herringbone techniques without a gliding phase, downhill techniques and turning techniques.
310.2.1.2	Single or double-skating is not allowed.
310.2.1.3	Turning techniques comprise steps and pushes in order to change directions. Where there is a set track, turning techniques with pushing are not allowed. This will also apply to competitors skiing outside of the set track.
343.11	In sections with marked corridors, the competitors must choose and ski within the chosen corridor. A competitor is allowed change corridors as long as the ICR 343.9 is upheld (except in start corridors where competitors are not allowed to change).

### Info OC

- Payment Accommodation OPA
- SUNDAY Late check out until 14:00
   1 room per team
   (specify which)
- Prizegiving: all on Sunday!